For our parents, neighbors and friends in Nevada during these uncertain times.

Sometimes, you just need information and referrals. You can dial 2-1-1 for help or go online to: www.nevada211.org

Sometimes, you need more, or you feel you have to talk about something. Crisis Support Services of Nevada is there to help you online at www.cssnv.org or call 1-800-273-8255.

If it involves child abuse, please help our children be safe and make a toll free report through Crisis Support Services of Nevada at 1-833-900-7233.

Sometimes, it's an emergency. Please don't wait. Call 9-1-1.

There is help. There is hope. Please call.

Child Assault Prevention (CAP) Project www.childassaultprevention.org 775-348-0600